Information for Parents and Guardians

Winter Camping is a great time of fellowship!

Event:	Winter Campout
Date:	March 6-8, 2020
Location:	Camp Maranatha, Dublin, Virginia
Cost:	$50.00 includes all meals, a patch, activities, awards, facilities, heated bath house, and cost of campgrounds.
Complete:	Activity and Medical Release Form and attach a copy of your child's insurance card. **A separate release form will be sent for the Caving Event.**

Checks should be made payable to your church. Your church should write one check to the Appalachian Conference. The outpost may need to increase the fee in order to pay for gasoline, snacks and drinks.

The Appalachian Conference Discipleship Ministries / Boys Ministries / Royal Rangers assumes no liability for the supervision of your child or outpost. The local church, Ranger Outpost and Ranger Commander is responsible for providing adequate and onsite supervision of their outpost. The local church / Outpost is also responsible to provide adequate and appropriate accommodations for their Outpost and Rangers. Please make sure you are fully aware of the risk (cold, hypothermia) of Winter Camping and your Rangers are prepared (appropriate clothing, tents, sleeping bags, etc). Please discuss this as well as camping provisions with your pastor and commanders. Royal Rangers are expected to obey their commanders.

Please inform the commander of food allergies or any medical condition and restriction for this event as soon as possible.

Activities offered will include caving. PLEASE SEE INFO ON CAVING ON SEPARATE FORM. Please review and complete the parent permission form carefully and completely**. If the caving specific items are not included for caving, your child will not go caving.**

Review the Packing List for a guide on how and what to pack. Review this list with your local Ranger Commander. Additions may be necessary based on the camping equipment your church Ranger Outpost will be using. Please remember this is a winter, outdoor camping event and the weather will be cold and damp, possibly snow. Make sure that your child is prepared physically and adequately for this event.

There is very limited cell phone coverage, and no phone at the campgrounds. The Appalachian Conference discourages 'free' usage of cell phones by campers and request that **all student cell phones be turned into the local Ranger Commanders.**

Let the outpost commander know if your son will attend as soon as possible. We have a pre-registration deadline of Friday, February 21st. A head count is very important for planning meals and purchasing food and supplies.

***Winter Camp Out: What to Pack*!**

Tips on Keeping Warm For wet weather, it is important to stay dry. Changing into dry gloves, socks and clothing helps to stay warm. Waterproof clothing is ideal. Layering is critical, especially with wind chill. Layering in the cold is your best protection. Two or three layers are better than one heavy layer.

Fabrics for Keeping Warm Consider these brands/materials for Winter camping; Fleece, Coolmax polyester, "Thermax" "Gore-tex Windstopper fleece", "Gor-tex", "Polarguard" Polypropylene, Down, Thermastat, Smart Wool , Underarmor). Goodwill, Thrift Shops or yard sales are good, less expensive sources for these items. Avoid cotton!

Clothing:

- 3-4 sets of shirts/trousers
- 2 Fleece Zip-ups or wool pullovers
- 2 pair thermal underwear (tops and bottoms)
- 4 pair of underwear
- 4 pair of wool socks
- Caps/Toboggans
- Neck scarves
- 3 pair of gloves (protection from wet and cold)
- Snow boots
- Tennis shoes – optional
- Rain and snow gear
- Winter coat (make sure your child will be warm in the cold)
- Coveralls or insulated coveralls

Toiletries

- Toothbrush and Toothpaste
- Comb
- Lotion (skin dries easily)
- Lip Protection
- Wash cloths and towels (2 sets)
- Shampoo
- Sun Screen
- Soap
- Sunglasses (protection from snow blindness)

Personal Items

- Bible
- Flint and Steel
- Cup/Plate/Spoon/Fork/Knife
- Camp stool (folding chair)
- Tent*
- Ground cloth*
- Tarp*
- Sleeping bag* - check temperature rating and have extra liners
- Wool blankets or winter blankets
- Sleeping pad*
- Cot*

- Flashlight with extra batteries
- Personal first aid items/kit
- Canteen
- Compass
- Whistle
- Money for Canteen
- Pillow - Optional
- Snacks – Optional
- Personal Sled – Optional
- Survival Blanket – Optional

For Caving: These items must be packed for your child to go caving. No laundry facilities available.

1 garbage bag (specifically for dirty boots and clothes)
1 pair of boots or shoes that will be dirty
1 pair of old clothes (pants, shirts)
1-2 pair of old socks
1 sweatshirt or coat (caves are usually around 55 degrees)
3 AAA batteries

Please note: hard hats and headlamps will be provided by the Appalachian Conference.
What Not to Bring: Uniform, Electronics, Noise Makers, Bicycles.

*Denotes that it may be part of the Outpost set-up. Please check with local outpost.

Sincerely,
Steve Allen, Winter Campout Co-Ordinator, Appalachian Conference
Cell: 540-239-4612 Email: royalrangers1@verizon.net

Appalachian Conference Boys' Ministries 2020 Winter Campout Participation Form

MEDICAL TREATMENT CONSENT FORM AND HOSPITALIZATION INSURANCE COVERAGE INFORMATION

I understand that my child is under the direct supervision and responsibility of my local church's Boys' Ministries leadership while at the Boys' Ministries event. I further understand that though this event is sponsored by the Appalachian Conference Boys' Ministries, they have **NO** direct supervision of my child and I hereby release the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries, the Appalachian Conference IPHC and its agencies, employees, officers and/or directors of any and all liability of any nature which may arise while my child, _____, is a participant, as set forth in this agreement. **By signing this form I declare that I have legal authority to do so.**

AUTHORIZED SIGNATURE REQUIRED: _____

Relationship to Child: _____

In my absence, I, _____, hereby authorize my local Boys' Ministries Director, the Appalachian Conference Boys' Ministries Director, or his/their appointee, to obtain medical treatment which may be deemed necessary for my child, _____. I also hereby authorize any physician called upon by the local Boys' Ministries Director, the Appalachian Conference Boys' Ministries Director, or his/their appointee, to render medical treatment that, in his/their judgment, is deemed necessary for the well being of my child. Furthermore, I authorize the proper dispensing of my child's prescription drug(s) as listed on this application and to dispense over-the-counter medication (unless listed) to my child as needed. **By signing this form I declare that I have legal authority to do so.**

AUTHORIZED SIGNATURE REQUIRED: _____

Insurance and/or Government Program _____

Address: _____

Subscriber I. D. or Contract Number: _____

Insurance Co. Phone #: _____

Admission Precertification Phone #: _____

Group Name (Employer): _____

Group Number: _____

Employer's Address: _____

Employer's Phone #: _____

List Current Prescription Drug(s):

FOOD ALLERGIES:

List any medical conditions, disabilities/allergies or over-the-counter drug allergies: _____

Has, or is, your child being treated for any mental health issue or condition? **YES** ☐ **NO** ☐

IT IS THE RESPONSIBILITY OF THE PARENT/GUARDIAN TO NOTIFY THE PARTICIPATING CHURCH'S BOYS' MINISTRIES DIRECTOR IF THEIR CHILD'S MEDICAL HISTORY CHANGES PRIOR TO COMING TO WINTER CAMPOUT! THE PARTICIPATING CHURCH'S BOYS' MINISTRIES DIRECTOR CAN BE NOTIFIED BY CALLING _____-_____-_____. THE APPALACHIAN CONFERENCE BOYS' MINISTRIES DIRECTOR CAN BE CONTACTED AT 540-233-8983.

Insurance Authorization: I authorize the release of any medical information necessary to process a claim for my dependent named in this Application. I further authorize payment of medical benefits to the physician or supplier of service rendered to my dependent.

AUTHORIZED PERSON'S SIGNATURE: _____

ACTIVITY PERMISSION FORM TO BE SIGNED BY PARENT OR GUARDIAN

The undersigned hereby and forever releases and discharges the local church, the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries Department, the Appalachian Conference of the IPHC and its agencies, employees, officers and/or directors , of any and all liability of any nature which may arise while my child, _____, is a participant, as set forth in this application. The undersigned further covenants and agrees to never sue or file a claim against the aforesaid local church, the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries Department, the Appalachian Conference of the IPHC its agencies, employees, officers and/or directors for any injury which may occur to said camper while he is involved in any of the activities of the Winter Campout, which may include, but not be limited/listed to; swimming, paintball, go carts, challenge course, climbing tower, zip line, archery, air rifles, inflatable games, caving, spelunking, etc., either on or off premises. **(I understand the caving/spelunking will be off campus and my child will be transported)**. Furthermore, I give permission for my child to be transported and to attend, if any, off campus activity that might be planned. The Local Church and the Appalachian Conference Boys Ministries also have my permission to transport my child for activities, and to use any image of my child, alone or in a group, made at the Winter Campout, or any written material that they may produce, for promotional purposes. The Appalachian Conference Discipleship Ministries Department has a strict NO CELL PHONE and NO BULLYING policy. BY SIGNING THESE FORMS I CERITFY THAT I HAVE LEGAL CUSTODIAL RIGHT TO DO SO.

AUTHORIZED PERSON'S SIGNATURE: _____

Revised: January 2020

CAVING INFORMATION

Parents please review the information on caving and discuss with your child. This will be one of the adventures at Winter Campout. Your child will need to be transported from the Conference Campgrounds to the caving location. The cave we will explore is a cave familiar to our guides and will be checked before boys enter. Our guides will be members of the National Spelunking Society.

What to expect when caving (spelunking):

- It will be dark inside cave (helmets and head lights are required: your eyes will need to adjust)
- It could be cramped in places in the cave. There will be areas that will be low and you will be required to crawl or slide on your belly
- You will get wet (see requirements for caving bag)
- The temperature could be cool (see requirements for caving bag)
- We will take small groups at a time.
- You will be in the cave approximately an hour traveling from one to the other

As with any event there are risks:

- Hypothermia
- Exhaustion
- Bad Air
- Rockfall
- Personal Injury

Please discuss this with your child and commander to decide if you want your child to participate. Only those with the proper paper work and the caving bag (see list of what to bring) will be allowed to participate. For those boys who do not want to participate an alternative activity will be planned.

I _____ have reviewed the information and have discussed with my
(parents name)
commander and child and give permission for my child _____
(child's name)
to participate in the Caving Adventure at Winter Campout. By signing this form, I certify that I have legal/custodial authority to do so.

_____ _____
(Parents Signature) (Date)

_____
(Print Name)