25th Appalachian Conference
Winter Camp Out
March 6-8, 2020
Camp Maranatha
Dublin, VA

Cost: $50.00 per person, due upon arrival at camp by the Senior Commander. Checks made out to Appalachian Conference.

Pre-registration information by Friday, February 21st

Estimate a head count for your group (outpost) both men and boys and call or text to Steve at 540-239-4612. Alternately, let him know at BOM, or email to royalrangers1@verizon.net. This number should include anyone who eats. Let Steve know about any food allergies or dietary restrictions during this contact. No form needed for this, just text, call or email.

Paperwork to be completed:

- Please copy or email the Parents Information packet to the parents/guardians of the boys. The information packet includes information about the campout, and the what to pack list. Please send or copy the permission and medical form for parents to sign, this includes caving. Please discuss caving with parents to make sure they want their child included in this activity. **If additional gear for caving is not included with their belongings, the child will not go caving.**

- Each adult **must** have a permission and medical form completed.

- **A Separate form for Caving will be sent and must be returned with paperwork.**

- Each Commander, adult, parent or Junior Commander (16-17-year-old Royal Rangers) assisting with activities must have a current background check (within the year). The Criminal background report form should be attached to this email. If a background check is not available please fill out the appropriate form and return with the $20 fee immediately. **All Background Check paperwork must be on completed and on file with the Appalachian Conference Discipleship Ministries Department before you arrive. Without the proper paperwork staffing cannot be approved.**

- Please keep the original Parent Permission form with Outpost during travel. Please bring a copy of all paperwork to be presented at registration. It is a good idea to have a back-up copy with a second commander. **No boy or adult will be allowed to camp without proper paperwork and signatures.**

Information:

- The campground has limited bathhouse and showers.
- Main meals will be provided and the cafeteria will have food, plates, utensils, napkins, tables, and chairs.
- Please plan to provide your outpost with options for snacks at your campsite. This can be around the fire in camp chairs, or a table and chairs.
- Uniforms are not required or requested for the Campout.
- Sled race information is included in this packet.

Directions to Camp Maranatha, Dublin, Virginia

From I -81, take Exit 98, follow Rt 100 North toward Dublin. Take the exit for Rt. 11 East. Please note: there is a detour in place due to bridge replacement; follow the detour signs, which will be a left turn off Route 100, and then a left at the bottom of the ramp. Follow Route 11 toward Radford. Turn left on Oak Grove Place into the Appalachian Conference grounds. Follow the road to the end, it bears right into the conference grounds.

Suggested equipment for the Outpost:

The following may be part of the Outpost Setup.

- Tents: Large army tents work great: Alternate is a thicker mil tent.
- Sleeping pad: This is an important shield from the cold during the night. It layers between the cot or ground and the sleeping bag.
- Cot – great to increase the distance from the ground. If the tent will accommodate, this is a good idea. This allows for protection from the circulating air under the cot.
- Ground cloths – large tarps inside of the large tents on the ground to decrease mud and snow from being tracked into the tent.
- Sleeping bag – check on the insulation, the temperature rating and consider liners.
- 1 tarp (10X12 or 8X10) for building shelters and canopies.

We look forward to seeing each of you at the Camp Out, whether you are coming for the first time, or coming back again for winter fellowship.

MAY GOD'S BLESSINGS BE WITH YOU AS YOU TRAVEL.

Steve Allen -- Winter Campout Coordinator
5691 Howell Drive, Dublin, VA 24084
Phone: 540-239-4612 (C)
e-mail: royalrangers1@verizon.net

Mitch Hale Memorial Sled Race

The annual Mitch Hale Memorial Sled Race at the Appalachian Conference Winter Camp Out.

The sled race is FUN, and Christian Sportsmanship is <u>expected!</u>

- Each Outpost needs to bring a stopwatch.
- Commanders will be recruited to help with the race.

Rules, regulations for the Sled Race Competition follow:

1) Each outpost must have an original homemade sled (one per outpost.)
2) Sled can be made of any material.
3) There will be no weight requirements.
4) Sleds must be pushed or pulled by the boys. Neither engines nor Mechanical/Electrical devices are allowed. If no snow, wheels will be allowed.
5) Each outpost can have more than one team – Discovery, Adventure and Expedition Rangers, but you need only **one sled for each outpost**.
6) Sleds will be pushed or pulled by three boys, with one Ranger riding.
7) A Ranger will ride on the sled. Teams are four-man teams.
8) As many as two alternates may be allowed, with substitutions at a station. This
   Six members from an outpost may form a team, with four members involved at any given time. If you have an odd number of boys, they can join up with other Outposts to complete a team. **We will have individual awards for the winning teams.**
9) Competition will begin at a designated area. Each team will be timed. Each team will stop at designated stations and perform tasks. These skills may include (but not limited to) compass, cut and chop, tool craft, crosscut saw, rope craft, fire craft, snow ball competition, scripture quiz, singing, Frisbee throwing, pig slinging, iron skillet toss, 1-ton tent toss, etc. As the course is refined, definite areas will be relayed to commanders.
10) Judging: Time to complete the course and points for completing each station.

Safety Note: At any time during the race, if an official feels the sled is dangerous (broken, falling apart, etc.) the sled **CAN** be pulled from the course. If time allows, the team may be allowed to make necessary repairs and re-enter the race from the starting position. The previous race time will not count. Once a team has completed the course, the team will not be allowed to re-enter the race.

Bring all the needed hardware, tape, extra parts that you might need to make any necessary sled repairs. Note: In case of a tie, a second run will be held!

Winter CampOut: What to Pack !

Tips on Keeping Warm For wet weather, it is important to stay dry. Changing into dry gloves, socks and clothing helps to stay warm. Waterproof clothing is ideal. Layering is critical, especially with wind chill. Layering in the cold is your best protection. Two or three layers are better than one heavy layer.

Fabrics for Keeping Warm Consider these brands/materials for Winter camping; Fleece, Coolmax polyester, Thermax" "Gore-tex Windstopper fleece", "Gor-tex", "Polarguard" Polypropylene, Down, Thermastat, Smart wool, Underarmor). Goodwill, Thrift Shops or yard sales are good, less expensive sources for these items. Avoid cotton!

Clothing:

- 3 sets of shirts/trousers
- 2 Fleece Zip-ups or wool pullovers
- 2 pair thermal underwear (tops and bottoms)
- 4 pair of underwear
- 4 pair of wool socks
- Caps/Toboggans
- Neck scarves
- 3 pair of gloves (protection from wet and cold)
- Snow boots
- Tennis shoes – optional
- Rain and snow gear
- Winter coat (make sure your child will be warm in the cold)
- Coveralls or insulated coveralls

Toiletries

- Toothbrush and Toothpaste
- Comb
- Lotion (skin dries easily)
- Lip Protection
- Wash cloths and towels (2 sets)
- Shampoo
- Sun Screen
- Soap
- Sunglasses (protection from snow blindness)

Personal Items

- Bible
- Flint and Steel
- Cup/Plate/Spoon/Fork/Knife
- Camp stool (folding chair)
- Tent*
- Ground cloth*
- Tarp*
- Sleeping bag* - check temperature rating and have extra liners
- Wool blankets or winter blankets
- Sleeping pad*
- Cot*
- Flashlight with extra batteries
- Personal first aid items/kit
- Canteen
- Compass
- Whistle
- Money for Canteen
- Pillow - Optional
- Snacks – Optional
- Personal Sled – Optional
- Survival Blanket – Optional

For Caving: This must be packed for your child to go caving. No laundry facilities available. They should take clean clothes with them in the garbage bag as they leave the campsite. They should plan on changing clothes before getting in the van.

1 garbage bag (specifically for dirty boots and clothes)
1 pair of boots or shoes that will be dirty
1 pair of old clothes (pants, shirts)
1-2 pair of old socks
1 sweatshirt or coat (caves are usually around 55 degrees)
3 AAA batteries

Please note: hard hats and headlamps will be provided by the Appalachian Conference.

What Not to Bring: Uniform, Electronics, Noise Makers, Bicycles.

PASTOR'S CERTIFICATION

Appalachian Conference Discipleship Ministries Policy requires that all persons working with children and youth age 17 and under must have a **current Criminal Background Check** on file with their local church. As part of our ongoing process of risk management for children and ministry, all Boys' Ministries/Royal Ranger Commanders and Girls' Ministries Coordinator's chartered through, or participating with, the Appalachian Conference Discipleship Ministries office must have verification from their local pastor that these records are on file with the local church. We ask the applicant and the pastor to fill in the information below and return directly to my office:

Mail to: **Appalachian Conference Discipleship Ministries Director 5847 Oak Grove Avenue Dublin, VA 24084 and marked CONFIDENTIAL on the outside of the envelope**.

Scan and email to: rfredericks58@aol.com

Fax to: 540-674-4132 Attn: Ron Fredericks

If no background check is on file, please fill out the attached form and return, along with $20.00, to the above address.

Thank you.

APPLICANT INFORMATION
(TO BE FILLED OUT AND SIGNED BY APPLICANT – PRINT CLEARLY)

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

I hereby authorize and grant permission for: (pastor's name) _____ to release all necessary confidential information from my Criminal Background check, including, but not limited to, a copy of the Criminal Background Check **(upon request)**, to the Appalachian Conference Discipleship Ministries Department.

Signature of Applicant: _____ Date: _____

PASTOR'S INFORMATION
(PLEASE CLEARLY PRINT THE FOLLOWING INFORMATION)

I have been personally acquainted with _____ for approximately _____.
(Name of Applicant) (Minimum 1 year)

Check one:

_____ He/she is competent and qualified to work with **MINORS OF ANY AGE** and/or adults. I know of no facts or allegations that raise any questions concerning his/her suitability for working with **MINORS OF ANY AGE** and/or adults in any activity or capacity.

_____ He/she is not currently working within our children's program but is a parent or legal guardian of a child in attendance.

In either case, we have run a criminal background check on the applicant and find no reason that he/she would not be suitable for working with MINORS OF ANY AGE and/or adults or attending Boys' Ministries/Royal Rangers or Girls' Ministries events.

The date the criminal background check was completed: _____

The company used was: _____

The applicant's history was: **_____ clear** **_____ showed criminal background**

(*If criminal background was shown please provide an explanation/copy of report.)

BY SIGNING THIS FORM I AM RECOMMMENDING THE APPLICANT TO SERVE AS A LEADER FOR THE BOYS' MINISTRIES/ROYAL RANGER WINTER CAMP-OUT.

_____ _____

Senior Pastor's Name (please print) **Church and City**

_____ _____

Senior Pastor 's Signature **Date**

Revised: January 2020

Information for Parents and Guardians

Winter Camping is a great time of fellowship!

Event:	Winter Campout
Date:	March 6-8, 2020
Location:	Camp Maranatha, Dublin, Virginia
Cost:	$50.00 includes all meals, a patch, activities, awards, facilities, heated bath house, and cost of campgrounds.
Complete:	Activity and Medical Release Form and attach a copy of your child's insurance card. **A separate release form will be sent for the Caving Event.**

Checks should be made payable to your church. Your church should write one check to the Appalachian Conference. The outpost may need to increase the fee in order to pay for gasoline, snacks and drinks.

The Appalachian Conference Discipleship Ministries / Boys Ministries / Royal Rangers assumes no liability for the supervision of your child or outpost. The local church, Ranger Outpost and Ranger Commander is responsible for providing adequate and onsite supervision of their outpost. The local church / Outpost is also responsible to provide adequate and appropriate accommodations for their Outpost and Rangers. Please make sure you are fully aware of the risk (cold, hypothermia) of Winter Camping and your Rangers are prepared (appropriate clothing, tents, sleeping bags, etc). Please discuss this as well as camping provisions with your pastor and commanders. Royal Rangers are expected to obey their commanders.

Please inform the commander of food allergies or any medical condition and restriction for this event as soon as possible.

Activities offered will include caving. PLEASE SEE INFO ON CAVING ON SEPARATE FORM. Please review and complete the parent permission form carefully and completely**. If the caving specific items are not included for caving, your child will not go caving.**

Review the Packing List for a guide on how and what to pack. Review this list with your local Ranger Commander. Additions may be necessary based on the camping equipment your church Ranger Outpost will be using. Please remember this is a winter, outdoor camping event and the weather will be cold and damp, possibly snow. Make sure that your child is prepared physically and adequately for this event.

There is very limited cell phone coverage, and no phone at the campgrounds. The Appalachian Conference discourages 'free' usage of cell phones by campers and request that **all student cell phones be turned into the local Ranger Commanders.**

Let the outpost commander know if your son will attend as soon as possible. We have a pre-registration deadline of Friday, February 21st. A head count is very important for planning meals and purchasing food and supplies.

***Winter Camp Out: What to Pack*!**

Tips on Keeping Warm For wet weather, it is important to stay dry. Changing into dry gloves, socks and clothing helps to stay warm. Waterproof clothing is ideal. Layering is critical, especially with wind chill. Layering in the cold is your best protection. Two or three layers are better than one heavy layer.

Fabrics for Keeping Warm Consider these brands/materials for Winter camping; Fleece, Coolmax polyester, "Thermax" "Gore-tex Windstopper fleece", "Gor-tex", "Polarguard" Polypropylene, Down, Thermastat, Smart Wool , Underarmor). Goodwill, Thrift Shops or yard sales are good, less expensive sources for these items. Avoid cotton!

Clothing:

- 3-4 sets of shirts/trousers
- 2 Fleece Zip-ups or wool pullovers
- 2 pair thermal underwear (tops and bottoms)
- 4 pair of underwear
- 4 pair of wool socks
- Caps/Toboggans
- Neck scarves
- 3 pair of gloves (protection from wet and cold)
- Snow boots
- Tennis shoes – optional
- Rain and snow gear
- Winter coat (make sure your child will be warm in the cold)
- Coveralls or insulated coveralls

Toiletries

- Toothbrush and Toothpaste
- Comb
- Lotion (skin dries easily)
- Lip Protection
- Wash cloths and towels (2 sets)
- Shampoo
- Sun Screen
- Soap
- Sunglasses (protection from snow blindness)

Personal Items

- Bible
- Flint and Steel
- Cup/Plate/Spoon/Fork/Knife
- Camp stool (folding chair)
- Tent*
- Ground cloth*
- Tarp*
- Sleeping bag* - check temperature rating and have extra liners
- Wool blankets or winter blankets
- Sleeping pad*
- Cot*

- Flashlight with extra batteries
- Personal first aid items/kit
- Canteen
- Compass
- Whistle
- Money for Canteen
- Pillow - Optional
- Snacks – Optional
- Personal Sled – Optional
- Survival Blanket – Optional

For Caving: These items must be packed for your child to go caving. No laundry facilities available.

1 garbage bag (specifically for dirty boots and clothes)
1 pair of boots or shoes that will be dirty
1 pair of old clothes (pants, shirts)
1-2 pair of old socks
1 sweatshirt or coat (caves are usually around 55 degrees)
3 AAA batteries

Please note: hard hats and headlamps will be provided by the Appalachian Conference.
What Not to Bring: Uniform, Electronics, Noise Makers, Bicycles.

*Denotes that it may be part of the Outpost set-up. Please check with local outpost.

Sincerely,
Steve Allen, Winter Campout Co-Ordinator, Appalachian Conference
Cell: 540-239-4612 Email: royalrangers1@verizon.net

PASTOR, YOUTH PASTOR or PERSONAL RECOMMENDATION

Name of Student _____

Name of Pastor/Youth Pastor or Reference: _____

Church Name: _____ **Phone:** (_____) _____

Thank you for taking the time to assist us in evaluating the applicant. We value you as a reference and your responses will be held in confidence. Upon competition, please send the application to:
Appalachian Conference Discipleship Ministries * 5847 Oak Grove Avenue * Dublin, VA 24084

How long have you known the applicant? ☐ <1 years ☐ 2-5 years ☐ 5-10 years ☐ > 10 years

How well do you know the applicant? ☐ Very Well ☐ Casually ☐ Name/Face Only

Which of the following best describes the applicant?

E = Excellent AA=Above Average A=Average P=Poor U-Unknown

_____Adaptability _____Servanthood _____Dependability _____Spiritual Life
_____Response to Authority _____Spiritual Influence on Peers _____Leadership Ability

How would you rate the applicant in the following?

O=Often S=Sometimes R=Rarely N=Never

_____Critical _____Irritable _____Inclined to Crushes _____Argumentative _____Domineering
_____Rebellious _____Depressed

Please comment on the activity and/or leadership role(s) of the applicant in his/her church.

Are you aware of any emotional or mental illness in the applicant? ☐ Yes ☐ No

Have you ever had reason to question the applicant's morals? ☐ Yes ☐ No

To your knowledge, has the applicant ever had a salvation experience? ☐ Yes ☐ No

Do you have any reason to lack confidence in the applicant? ☐ Yes ☐ No

Do you feel the applicant will work well with others? ☐ Yes ☐ No **Children/Youth?** ☐ Yes ☐ No

Do you know of any reason the applicant should not be allowed to work with minors? ☐ Yes ☐ No

Are there any additional comments you would like to share concerning the applicant?

Based on the above information, the applicant is: ☐ strongly recommended ☐ recommended
☐ recommended with reservation ☐ not recommended

_____ _____
Signature Date

Revised January 2020

Appalachian Conference Boys' Ministries 2020 Winter Campout Participation Form

MEDICAL TREATMENT CONSENT FORM AND HOSPITALIZATION INSURANCE COVERAGE INFORMATION

I understand that my child is under the direct supervision and responsibility of my local church's Boys' Ministries leadership while at the Boys' Ministries event. I further understand that though this event is sponsored by the Appalachian Conference Boys' Ministries, they have **NO** direct supervision of my child and I hereby release the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries, the Appalachian Conference IPHC and its agencies, employees, officers and/or directors of any and all liability of any nature which may arise while my child, _____, is a participant, as set forth in this agreement. **By signing this form I declare that I have legal authority to do so.**

AUTHORIZED SIGNATURE REQUIRED: _____

Relationship to Child: _____

In my absence, I, _____, hereby authorize my local Boys' Ministries Director, the Appalachian Conference Boys' Ministries Director, or his/their appointee, to obtain medical treatment which may be deemed necessary for my child, _____. I also hereby authorize any physician called upon by the local Boys' Ministries Director, the Appalachian Conference Boys' Ministries Director, or his/their appointee, to render medical treatment that, in his/their judgment, is deemed necessary for the well being of my child. Furthermore, I authorize the proper dispensing of my child's prescription drug(s) as listed on this application and to dispense over-the-counter medication (unless listed) to my child as needed. **By signing this form I declare that I have legal authority to do so.**

AUTHORIZED SIGNATURE REQUIRED: _____

Insurance and/or Government Program _____

Address: _____

Subscriber I. D. or Contract Number: _____

Insurance Co. Phone #: _____

Admission Precertification Phone #: _____

Group Name (Employer): _____

Group Number: _____

Employer's Address: _____

Employer's Phone #: _____

List Current Prescription Drug(s):

FOOD ALLERGIES:

List any medical conditions, disabilities/allergies or over-the-counter drug allergies: _____

Has, or is, your child being treated for any mental health issue or condition? **YES** ☐ **NO** ☐

IT IS THE RESPONSIBILITY OF THE PARENT/GUARDIAN TO NOTIFY THE PARTICIPATING CHURCH'S BOYS' MINISTRIES DIRECTOR IF THEIR CHILD'S MEDICAL HISTORY CHANGES PRIOR TO COMING TO WINTER CAMPOUT! THE PARTICIPATING CHURCH'S BOYS' MINISTRIES DIRECTOR CAN BE NOTIFIED BY CALLING _____-_____-_____. THE APPALACHIAN CONFERENCE BOYS' MINISTRIES DIRECTOR CAN BE CONTACTED AT 540-233-8983.

Insurance Authorization: I authorize the release of any medical information necessary to process a claim for my dependent named in this Application. I further authorize payment of medical benefits to the physician or supplier of service rendered to my dependent.

AUTHORIZED PERSON'S SIGNATURE: _____

ACTIVITY PERMISSION FORM TO BE SIGNED BY PARENT OR GUARDIAN

The undersigned hereby and forever releases and discharges the local church, the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries Department, the Appalachian Conference of the IPHC and its agencies, employees, officers and/or directors , of any and all liability of any nature which may arise while my child, _____, is a participant, as set forth in this application. The undersigned further covenants and agrees to never sue or file a claim against the aforesaid local church, the Appalachian Conference Boys' Ministries, the Appalachian Conference Discipleship Ministries Department, the Appalachian Conference of the IPHC its agencies, employees, officers and/or directors for any injury which may occur to said camper while he is involved in any of the activities of the Winter Campout, which may include, but not be limited/listed to; swimming, paintball, go carts, challenge course, climbing tower, zip line, archery, air rifles, inflatable games, caving, spelunking, etc., either on or off premises. **(I understand the caving/spelunking will be off campus and my child will be transported)**. Furthermore, I give permission for my child to be transported and to attend, if any, off campus activity that might be planned. The Local Church and the Appalachian Conference Boys Ministries also have my permission to transport my child for activities, and to use any image of my child, alone or in a group, made at the Winter Campout, or any written material that they may produce, for promotional purposes. The Appalachian Conference Discipleship Ministries Department has a strict NO CELL PHONE and NO BULLYING policy. BY SIGNING THESE FORMS I CERITFY THAT I HAVE LEGAL CUSTODIAL RIGHT TO DO SO.

AUTHORIZED PERSON'S SIGNATURE: _____

Revised: January 2020

CAVING INFORMATION

Parents please review the information on caving and discuss with your child. This will be one of the adventures at Winter Campout. Your child will need to be transported from the Conference Campgrounds to the caving location. The cave we will explore is a cave familiar to our guides and will be checked before boys enter. Our guides will be members of the National Spelunking Society.

What to expect when caving (spelunking):

- It will be dark inside cave (helmets and head lights are required: your eyes will need to adjust)
- It could be cramped in places in the cave. There will be areas that will be low and you will be required to crawl or slide on your belly
- You will get wet (see requirements for caving bag)
- The temperature could be cool (see requirements for caving bag)
- We will take small groups at a time.
- You will be in the cave approximately an hour traveling from one to the other

As with any event there are risks:

- Hypothermia
- Exhaustion
- Bad Air
- Rockfall
- Personal Injury

Please discuss this with your child and commander to decide if you want your child to participate. Only those with the proper paper work and the caving bag (see list of what to bring) will be allowed to participate. For those boys who do not want to participate an alternative activity will be planned.

I _____ have reviewed the information and have discussed with my
(parents name)
commander and child and give permission for my child _____
(child's name)
to participate in the Caving Adventure at Winter Campout. By signing this form, I certify that I have legal/custodial authority to do so.

_____ _____
(Parents Signature) (Date)

_____
(Print Name)